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00:00:00,000 --> 00:00:05,000

Controversial subjects. The theories expressed are not the only possible interpretation.

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00:00:05,000 --> 00:00:09,000

The viewer is invited to make a judgment based on all available information.

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00:00:09,000 --> 00:00:13,000

Tonight on Cytanes, from the land that first celebrated Halloween,

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00:00:13,000 --> 00:00:16,000

a Scottish castle that's terrorized locals for hundreds of years.

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00:00:16,000 --> 00:00:22,000

Tonight, we send a team of paranormal experts to flush out the ghosts of Scotland's House of Horror.

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00:00:22,000 --> 00:00:25,000

Then, some claim real-life vampires still exist today.

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13

00:01:25,520 --> 00:01:32,240

to Scotland in the third century. Scotland, Ireland and Great Britain were home to the Druids

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00:01:32,240 --> 00:01:38,400

and ancient people who began the celebration of the holiday we now call Halloween. The Druids believed

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00:01:38,400 --> 00:01:43,920

that Halloween, actually New Year's Eve by their calendar, was the one night of the year when spirits

16

00:01:43,920 --> 00:01:48,480

both good and evil were allowed to roam the earth. You're wandering around on the night

17

00:01:49,120 --> 00:01:53,760

of Halloween when the dead are coming back from the grave. You don't want them to recognize you

18

00:01:53,760 --> 00:01:59,280

because they might do something to you or they might take you back with. Good spirits were welcomed

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00:01:59,280 --> 00:02:06,160

into Druid homes with treats. The evil spirits were on fires and frightening masks. Later,

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00:02:06,160 --> 00:02:11,520

jack-o-lanterns were used to keep away evil spirits, but these talismans aren't always successful.

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00:02:14,480 --> 00:02:19,680

At Stirling Castle in Scotland, more than a thousand people a year report seeing and feeling

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00:02:19,680 --> 00:02:25,040

evil spirits and not just on Halloween. In fact, since Stirling Castle was first built to defend

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00:02:25,040 --> 00:02:30,800

the Scottish countryside in the 15th century, countless eyewitnesses have reported seeing ghosts,

24

00:02:30,800 --> 00:02:38,000

evil spirits, polar geists and demons. I saw a shadow, no face, just a dark shadow in the corner.

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00:02:38,560 --> 00:02:43,760

When I look back again, there was absolutely nothing. I've been walking around there at night

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00:02:44,400 --> 00:02:49,920

felt the presence. I felt someone behind me. It wasn't exactly on the ground. She was kind of

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00:02:49,920 --> 00:02:57,600

floating, but she had her face away from me. Definitely was a woman. Very scary. Makes you cold.

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00:02:58,400 --> 00:03:06,560

I know what I saw. The best known ghost in Stirling Castle is the Green Lady, and she is sent to

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00:03:06,640 --> 00:03:14,080

be the spirit of a servant maid who saved Mary Queen of Scots from death in 1661, when her bed,

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00:03:14,080 --> 00:03:20,880

the bed curtains, caught fire from a naked flame, a candle held beside the bed. Her spirit is said

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00:03:20,880 --> 00:03:26,800

still to haunt Stirling Castle today. What we saw just at the corner of the graveyard up at the foot

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00:03:26,800 --> 00:03:33,360

of the castle wall was a green, a lady dressed in green seemed to be glowing. Seven or eight of us

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00:03:33,360 --> 00:03:39,680

ran up to see what was going on. We were covering 25 yards. There was nobody in either direction.

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00:03:40,320 --> 00:03:44,640

I can't think of any other castle who actually has a photograph of one of the ghosts,

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00:03:44,640 --> 00:03:49,760

and we have a photograph of a Highlander here, marching out of the castle, and you can see

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00:03:49,760 --> 00:03:55,440

straight through him as he comes underneath the archway. We sent the photograph away, and it was

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00:03:55,440 --> 00:04:00,320

tested, and it wasn't a double negative. It hadn't been superimposed on top of it or anything,

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00:04:00,320 --> 00:04:02,560

so that's why we believe it was the actual picture of the ghost.

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00:04:03,200 --> 00:04:07,920

Trying to make contact with ghosts at a site such as Stirling Castle can be approached in

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00:04:07,920 --> 00:04:13,520

several different ways by both scientists and spiritualists. We brought two separate investigative

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00:04:13,520 --> 00:04:18,880

teams to Stirling, each operating independently, but both with the same end in mind. Tangible

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00:04:18,880 --> 00:04:24,560

evidence of at least some of the 100 ghosts rumored to live here. Internationally respected

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00:04:24,560 --> 00:04:30,080

psychical researcher Tony Cornell came to Stirling from Cambridge, searching for scientific evidence.

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00:04:30,960 --> 00:04:36,960

One thing about the whole psychic field is it's full of contradictions. You can go to one case and

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00:04:36,960 --> 00:04:42,320

say, ah, this is absolute rubbish. This is imagination. This is nonsense. You go to another one,

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00:04:42,320 --> 00:04:49,760

and you get a pile of information. You say, well, I can't ignore this. So I should think, really,

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00:04:49,760 --> 00:04:55,600

I'd say there are such things as ghosts. I've never seen one. I'd very much like to see one.

48

00:04:55,600 --> 00:05:01,600

Perhaps I might see one tonight. You never know. Tony Cornell asked London's premier spiritualist

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00:05:01,600 --> 00:05:06,480

medium, Glyn Edwards, to help him choose a good location for an overnight surveillance.

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00:05:07,520 --> 00:05:11,520

There's something here. There's definitely something here. Here? What about over here?

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00:05:12,400 --> 00:05:17,360

Not so much here. Not so much here. When we go out on an investigation,

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00:05:18,240 --> 00:05:23,280

the kind of equipment we're taking is purely simply to confirm the physical presence of it.

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00:05:24,800 --> 00:05:30,480

Is it in the mind of the person, or is it a real physical object? So what we do is we take equipment

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00:05:30,480 --> 00:05:38,640

that will record any changes in the physical environment. Sound, sight, heat, geomagnetic

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00:05:38,640 --> 00:05:46,960

changes, any form of electrical change, because we don't know what makes these things occur.

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00:05:47,520 --> 00:05:53,600

So we want to know if we leave this stuff behind, do ghosts then appear, or do they only appear

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00:05:53,600 --> 00:05:59,040

because there's a human being there? Well, this is the kind of thing we want to confirm with the instrumentation.

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00:06:04,320 --> 00:06:09,680

Cornell set up an infrared camera and a standard video camera to be left on all night.

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00:06:09,680 --> 00:06:14,960

The next day, the video revealed nothing extraordinary, but the audio portion was startling.

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00:06:17,360 --> 00:06:30,800

No one was in the castle. The lone night watchman was far from the recording site.

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00:06:30,800 --> 00:06:35,440

The nearest road was more than a mile away. Listen again for what sounds like moaning

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00:06:35,440 --> 00:06:44,960

and screaming among the electronic static.

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00:06:47,440 --> 00:06:51,600

Could these be the ghostly voices of Sterling Castle's tortured dad?

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00:06:53,280 --> 00:06:58,240

Two days after the haunting sounds were recorded, sightings brought in a second team,

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00:06:58,240 --> 00:07:02,160

comprised of psychics and headed by paranormal researcher Malcolm Robinson.

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00:07:02,720 --> 00:07:07,360

They hoped to find additional evidence of ghost activity. Their investigation took place near

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00:07:07,360 --> 00:07:14,320

the recording site in the castle's old prison called the Toll booth. We go along and investigate

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00:07:14,320 --> 00:07:20,480

these cases, speak with the people involved to ascertain if indeed there is something of a psychic

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00:07:20,480 --> 00:07:27,120

nature happening. This group of psychic investigators uses a controversial and often dangerous technique

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00:07:27,120 --> 00:07:33,120

called spirit rescue. In a rescue, the psychics attempt to become temporarily possessed by any

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00:07:33,120 --> 00:07:38,400

spirits that may be present. They believe the tortured spirits inside them can then be released

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00:07:38,400 --> 00:07:43,920

into another dimension. On this night, world renowned psychic Rosemary Toddlin claimed one

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00:07:43,920 --> 00:07:48,640

ancient tortured spirit had entered her body. They were talking me, they were bringing me back,

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00:07:48,640 --> 00:07:53,760

they were talking me, they were bringing me back. Rosemary appeared to be speaking as a

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00:07:53,760 --> 00:07:58,880

centuries old prisoner who had been tortured in Sterling Castle. While she was in her trance,

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00:07:58,880 --> 00:08:03,440

other psychics attempted to liberate the supposed spirit from her and rid it from the castle.

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00:08:08,800 --> 00:08:16,000

You might never get another chance. This is your chance. This is your chance.

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00:08:17,120 --> 00:08:22,240

This is your chance to be free once and for all. Spit it out if you have to. This is

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00:08:22,240 --> 00:08:27,920

for you to take that step through the door, a bigger door beyond even that, a much greater door,

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00:08:28,640 --> 00:08:37,600

filled with light. That I actually felt, escape. I felt it physically and I felt it emotionally

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00:08:38,240 --> 00:08:42,480

and the pressure began to just evaporate from me.

82

00:08:46,800 --> 00:08:50,400

Do you feel that the spirit has been released then from this room?

83

00:08:50,400 --> 00:08:54,080

He's no longer here as far as I'm concerned. So you're quite sure of this?

84

00:08:54,080 --> 00:09:00,000

Yes. You wanted out and you got an out, you got that door that you wanted. There's no

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00:09:00,000 --> 00:09:05,520

need to come back here. We know there were torture chambers in the tall booth and indeed

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00:09:05,600 --> 00:09:10,480

that they followed the practice of the country at that particular time and indeed over many,

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00:09:10,480 --> 00:09:16,000

many years then there's no doubt there were thumb screws and practices within that tall booth

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00:09:16,000 --> 00:09:21,280

to force confessions from the unfortunate inhabitants. I think what we've had here is a

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00:09:21,280 --> 00:09:29,200

little bit dubious. I mean I get the feeling of no, it's too much dramatic. Sincere, yes,

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00:09:29,840 --> 00:09:34,400

but I don't think it was correct. But that's not saying that there are things in Sterling Castle.

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00:09:34,400 --> 00:09:38,400

Of course there are because many sane and sensible people have walked around and seen these things.

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00:09:39,280 --> 00:09:44,960

There may be conflicting views on the merits of spirit rescue, but Malcolm Robinson and his

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00:09:44,960 --> 00:09:50,560

team of psychics believe that there is now one less ghost in Sterling Castle, that they have

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00:09:50,560 --> 00:09:57,600

relieved this suffering of one tortured spirit in Scotland's House of Horses. Coming up next,

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00:09:57,600 --> 00:10:02,560

some claim real life vampires still exist today. We uncover startling new evidence of the living

96

00:10:02,560 --> 00:10:08,960

dead and later a revealing interview with a modern-day witch. On Halloween the streets are filled

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00:10:08,960 --> 00:10:15,040

with ghosts and goblins and vampires, but sightings has discovered that at least some of those vampires

98

00:10:15,040 --> 00:10:20,960

aren't out there dressing up for just one holiday. We found people who are so obsessed with vampires

99

00:10:20,960 --> 00:10:28,720

that they've chosen to live as though they are real life vampires. Do vampires really exist?

100

00:10:29,440 --> 00:10:34,560

Bella Legosi's theatrical vision of the vampire debuted in the film classic Dracula.

101

00:10:34,560 --> 00:10:39,520

Legosi is the most popular image that we have of the nocturnal beast that preys on the living.

102

00:10:40,160 --> 00:10:45,120

Our reaction is a mixture of fascination and revulsion as Dracula thirsts for human blood.

103

00:10:50,160 --> 00:10:56,000

Bram Stoker's Dracula from Francis Ford Coppola is the newest of nearly 2,000 Dracula movies

104

00:10:56,000 --> 00:11:00,560

produced worldwide. Evidence of our continuing fascination with the undead.

105

00:11:05,360 --> 00:11:16,000

The undead would be someone who is pronounced dead and at certain times the dead corpse reanimates

106

00:11:16,560 --> 00:11:23,600

and goes out with a thirst for human blood. Recent studies by researchers at two major

107

00:11:23,680 --> 00:11:28,960

universities in the United States show that nearly half the adult population of the United States

108

00:11:28,960 --> 00:11:35,680

believe that the world of the undead in some form is real and that same research shows that our

109

00:11:35,680 --> 00:11:45,200

obsession with vampires is rising dramatically. The vampire represents the darker side of human

110

00:11:45,200 --> 00:11:52,560

instinct. The vampire represents the semi-animal like quality that is part of our nature but which

111

00:11:52,560 --> 00:11:59,120

in the cultural process of growth and development we have had to forego ordinary people go see
vampires

112

00:11:59,120 --> 00:12:05,600

because they identify with a certain collection of characteristics that they don't live out

113

00:12:06,160 --> 00:12:09,600

but which are ignited in what we would call their unconscious.

114

00:12:11,360 --> 00:12:17,040

The Dracula character in Bram Stoker's novel was based on the 15th century Romanian warlord

115

00:12:17,040 --> 00:12:23,360

Vlad the Impaler. Stoker took the ancient myths about this notorious killer and added elements of

116

00:12:23,360 --> 00:12:29,280

the supernatural. Rosemary the historical Vlad, Vlad the Impaler. He was not a vampire. Vlad Tepeche

117

00:12:29,280 --> 00:12:35,520

was not a vampire. He was a real person, a 15th century Wallachian warlord who was a very cruel

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00:12:35,520 --> 00:12:42,080

and despotic man and Bram Stoker took him as the historical model for Count Dracula. There's only one

119

00:12:42,080 --> 00:12:46,960

existing account of him drinking blood and it was the blood of one of his impaled victims.

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00:12:47,520 --> 00:12:51,280

This does not make him a vampire. Do you really believe Rosemary that there are

121

00:12:51,280 --> 00:12:57,200

vampires, were you vampires? I do believe in the possibility of real vampires. I would call a real

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00:12:57,200 --> 00:13:03,920

vampire a non-physical being, perhaps the spirit of a dead or some other kind of being that would

123

00:13:03,920 --> 00:13:08,960

attack the living during the day or the evening, almost what we would call a biting poltergeist.

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00:13:08,960 --> 00:13:17,440

Around the world there are many cultures that believe that there are individuals who can fly

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00:13:17,440 --> 00:13:22,800

out at night in some form. There is certainly a possibility that there are many other forms of

126

00:13:22,800 --> 00:13:29,600

energy, many other forms of power that we just don't understand, that may form the basis of the

127

00:13:29,600 --> 00:13:35,680

vampire legend and may actually form some kind of power for real vampires. As people grow more

128

00:13:35,680 --> 00:13:45,040

frightened and as the normal structures of life, society, economics become more uncertain,

129

00:13:45,760 --> 00:13:53,760

people get very fascinated by the supernatural and I would place vampires in a class like that.

130

00:13:55,200 --> 00:14:00,640

Sightings has discovered a subculture of people who worship and emulate the vampire lifestyle.

131

00:14:01,280 --> 00:14:07,040

Are these self-proclaimed vampires true devotees or do they nearly have a morbid fascination with

132

00:14:07,040 --> 00:14:12,320

death? There's a growing body of evidence to suggest that these modern-day vampires may do

133

00:14:12,320 --> 00:14:18,800

more than simply pose as blood-drinking members of the undead. I believe in another type of vampire,

134

00:14:18,800 --> 00:14:24,240

I call the living vampire. They'll go around attacking people, biting them on the neck and

135

00:14:24,240 --> 00:14:29,840

drinking their blood and in my way of thinking they're every bit as dangerous as the old legendary

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00:14:29,840 --> 00:14:37,760

type vampire. In Chicago, Sightings met one member of the vampire subculture who insists he is a

137

00:14:37,760 --> 00:14:45,120

real-life vampire. Most people consider me a vampire because I'm a blood drinker. I use blood to

138

00:14:46,320 --> 00:14:53,520

ensure my immortality in this world. Vlad is a very interesting vampire. He's not quite like any

139

00:14:53,520 --> 00:15:01,360

other vampire that has ever contacted me or that I've ever studied. Vlad believes that there is a

140

00:15:01,360 --> 00:15:10,000

special kind of reaction he gets from the small amounts of blood that he takes. Blood has a lot

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00:15:10,000 --> 00:15:16,240

of powerful symbolism and has since ancient times. It's the life force and anytime you consume the

142

00:15:16,240 --> 00:15:23,120

life force then you enhance your own vitality and blood also has an erotic aspect to it as well.

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00:15:24,080 --> 00:15:30,400

I feel Vlad may very well be getting some kind of special insight, some kind of special feeling

144

00:15:31,040 --> 00:15:37,920

from blood. Did any of the people you spoke with claim to be dead people who were kept alive by

145

00:15:37,920 --> 00:15:44,320

drinking blood? None. In fact, almost all of them apologized for not being dead. Vlad's lifestyle

146

00:15:44,320 --> 00:15:51,120

may seem more theater than reality with his thousand-dollar handmade porcelain fangs and sculpted

coffin,

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00:15:51,200 --> 00:15:56,320

but the practice of blood drinking is not an act. Vlad believes it's proof of his commitment to

148

00:15:56,320 --> 00:16:01,120

vampirism, but to outsiders it appears there's nothing more than a desperate attempt for attention.

149

00:16:02,160 --> 00:16:09,040

What I do and why I've done it is, is my, I don't, I really don't care if any of you believe it or not.

150

00:16:09,680 --> 00:16:16,080

That's your problem. Our long-standing fascination with vampires is well documented,

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00:16:16,080 --> 00:16:20,880

but few people have carried out their fascination drinking blood and living as vampires.

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00:16:21,360 --> 00:16:25,760

What sends someone over the edge? Is it simply a need to stand out from the crowd?

153

00:16:25,760 --> 00:16:32,240

A deep-rooted desire for immortality? Or an unnatural need to participate in a world of evil?

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00:16:32,240 --> 00:16:38,160

To dream about vampires, to be attracted to vampires, for the culture to thrill to the

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00:16:38,160 --> 00:16:48,240

idea of vampires is simply nature. Although it may seem like pure theatrics to us,

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00:16:48,320 --> 00:16:53,120

the self-proclaimed vampires that we interview insist that they have a real dedication to

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00:16:53,120 --> 00:16:58,800

vampirism. Behavior experts argue that their dedication could be masking a psychological

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00:16:58,800 --> 00:17:04,160

disorder, and they're asking the question, what deep need are people like these fulfilling

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00:17:04,160 --> 00:17:10,480

by drinking blood and living as vampires? Coming up, a startling sightings report on

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00:17:10,480 --> 00:17:15,280

witches in America. Do they exist in your town and do they threaten your family? A revealing

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00:17:15,280 --> 00:17:21,200

interview with a real-life witch, next. The Salem witch trials were an notorious part of

162

00:17:21,200 --> 00:17:26,560

our Puritan past, but witches and witchcraft are still alive and well in America today.

163

00:17:27,360 --> 00:17:32,800

Modern-day witches are a far cry from the evil broomstick-riding hags of popular culture.

164

00:17:32,800 --> 00:17:37,920

Today's witches are eager to dispel the myths that have plagued what they consider to be their

165

00:17:37,920 --> 00:17:44,640

religion. If you're looking for pointed hats and green faces, you'll have better luck at your

166

00:17:44,640 --> 00:17:49,920

front door handing out Halloween candy to the neighborhood kids. Selena Fox and her followers

167

00:17:49,920 --> 00:17:55,600

are the real thing. Witches will make a point of celebrating nature instead of casting spells

168

00:17:55,600 --> 00:18:06,560

and concocting evil curses. Calling herself a Wiccan priestess from the old English word Wicca,

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00:18:06,560 --> 00:18:12,560

meaning witch or wizard, Fox practices what she calls a religion from rural Iowa County in

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00:18:12,560 --> 00:18:17,840

Wisconsin. But the intolerance she finds today is not so different from that of the citizens of

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00:18:17,840 --> 00:18:24,240

another small community 300 years ago, Salem, Massachusetts. There was an accepted form of

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00:18:24,240 --> 00:18:31,840

religious and political practice. Those who deviated from that, especially women who were outspoken

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00:18:31,840 --> 00:18:42,080

and independent, were killed. Here in Salem in 1692, 19 people were hanged and one man was

174

00:18:42,080 --> 00:18:48,880

pressed to death because he would not plead guilty or not guilty. William LaBoy heads up the Essex

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00:18:48,880 --> 00:18:54,560

Institute Library in Salem, which houses hundreds of actual court documents from the witch trials.

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00:18:55,120 --> 00:19:00,560

Based on weak testimony supplied by hysterical witnesses, over 200 citizens of Salem were

177

00:19:00,560 --> 00:19:09,200

accused of being witches. Petty jealousies, land disputes, grievances held for decades would all

178

00:19:09,200 --> 00:19:16,720

be brought into play. I think the underlying context for what happened was fear. When fear is

179

00:19:16,720 --> 00:19:25,360

the fundamental emotion, you can expect irrational behavior. And when you get a group acting irrationally,

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00:19:25,360 --> 00:19:35,600

watch out. Joining us now from her farm in Black Earth, Wisconsin, is Selena Fox, a modern day

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00:19:35,600 --> 00:19:40,960

witch who prefers to be called a Wiccan minister. Selena, welcome to sightings.

182

00:19:40,960 --> 00:19:47,680

Thanks, Tim. Happy Halloween. And happy Halloween to you too. Selena, do you mind being called a

183

00:19:47,680 --> 00:19:53,520

witch? I've used the word witch to describe myself and my practice of Wiccan spirituality,

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00:19:53,520 --> 00:20:00,640

but I also use some other terms that are perhaps more specific about what I do. Wiccan minister is one,

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00:20:01,200 --> 00:20:08,000

nature priestess is one, and those terms are more specific about the kinds of things that I'm

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00:20:08,000 --> 00:20:13,440

involved in, which is spiritual ministry. What do you think is the biggest misconception that most

187

00:20:13,440 --> 00:20:20,640

folks have about witches like you? We are not involved with Satanism or the practice of evil.

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00:20:20,640 --> 00:20:26,640

This is against our values, our ethics. Certainly back in the early days in Salem,

189

00:20:26,640 --> 00:20:33,040

witches were persecuted. Does that persist? Is there persecution now? Persecution has not ended

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00:20:33,040 --> 00:20:38,400

in America and other parts of the world for people that are involved, not only in witchcraft,

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00:20:38,400 --> 00:20:45,120

but other nature religions. I would like to see persecution and intolerance against our people

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00:20:45,120 --> 00:20:51,760

end. Most people have stereotypes, Selena, about witches, people like you. Where do those stereotypes

193

00:20:51,760 --> 00:20:57,520

come from? Some of the stereotypes that we have today around the word witch really come right out

194

00:20:57,520 --> 00:21:04,640

of Wizard of Oz. The word witch is being used by people who are practicing a religion that do not

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00:21:04,640 --> 00:21:11,440

look in any way like the Wicked Witch of the West and certainly don't have those kinds of practices.

196

00:21:12,080 --> 00:21:17,200

Well, here it is Halloween now, Selena. Why is Halloween so important to witches like yourself?

197

00:21:17,840 --> 00:21:25,280

Halloween is our new year. We not only pay our respects for the dead, especially family and friends

198

00:21:25,280 --> 00:21:31,120

that we have known and loved in this life, but it's the time of looking ahead to the year to come.

199

00:21:31,760 --> 00:21:38,400

Selena Fox, thank you and happy Halloween. We'll be back with more sightings in just a moment.

200

00:21:38,400 --> 00:21:43,760

To report your paranormal experience, call the Sightings Hotline at 1-900-740-SITE.

201

00:21:43,760 --> 00:21:50,880

That's 1-900-740-SITE. Each call 75 cents a minute, average call less two minutes and you must be 18

202

00:21:50,880 --> 00:21:59,600

years or older. Again, the Sightings Hotline is 1-900-740-7483. Join us next time for new

203

00:21:59,600 --> 00:22:04,640

investigations into the unexplained. For Sightings, I'm Tim White. Good night.

204

00:22:08,400 --> 00:22:13,200

Tomorrow, witness the high-speed chase more exciting than anything you've ever seen in the movies

205

00:22:13,200 --> 00:22:19,040

because it's real. Cops in Denver, an all-new location and all-new episode tomorrow. Now,

206

00:22:19,040 --> 00:22:29,120

stay tuned for more sightings next.